

COLYTE & DULCOLAX PREP FOR YOUR PROCEDURE

PURCHASE AT THE PHARMACY:

- 1 bottle Colyte (available over the counter)
- Dulcolax 5 mg - 3 tabs (available over the counter)

FOLLOW ALL INSTRUCTIONS provided on the document provided titled *“Instructions for your Procedure”*.

ONE WEEK PRIOR TO THE PROCEDURE:

Follow instructions from your doctor on if and when you should stop certain medications. See *“Instructions for your Procedure”* for more Important Information.

ONE DAY PRIOR TO PROCEDURE:

1. Follow the **Clear Liquid Diet** on *“Instructions for your Procedure”*. NO MORE SOLID FOOD – only clear liquids.
2. **At 12:00PM** take the following:
 - a. Take 3 Dulcolax pills.
 - b. Drink three (3) 8 oz. glasses (24 oz.) of clear liquid or water (see instruction sheet for examples).
 - c. Continue drinking clear liquids.
3. **At 5:00PM** take the following:
 - a. Drink 8 oz. Colyte every 15-20 minutes, **please try to finish the preparation.**
 - b. Once your stool is completely clear you can stop drinking the preparation.
 - c. Drink three (3) 8 oz. glasses (24 oz.) of clear liquid or water (see instruction sheet for examples).
4. Stay close to bathroom facilities.
5. Be sure to stay well hydrated. Drink more clear liquids before you go to bed.